

Thinking Biblically About Food

- A. Food is such an engrained part of our everyday lives that we might not even pause long enough to think “Biblically” about it.
 - 1. Is there anything we can learn from the Bible about food?
 - 2. Why does how we think about food even matter?
 - 3. What does food have to do with being a disciple of Jesus?
- B. It very well may be that your Creator has said more about food than you initially thought.

I. *1 Timothy 3:14-4:5*

- A. Food was _____ idea.
- B. Food is to be received with _____.
- C. Even in the consumption of our food, we are reminded of our call to _____.

II. *Psalms 34:1-10*

- A. Our only means of knowing the significance of “_____” is our God-given taste buds.
- B. Our amazing God-designed bodies are a means of appreciating what _____ most.

III. *1 Corinthians 6:12-20*

- A. Our God-given stomachs and food are _____ gifts of God.
- B. We must keep these gifts in proper perspective—they are servants, not _____.

IV. *Matthew 6:16-18*

- A. _____—going without for a time—is a way of bringing things into perspective.
- B. It is a means of communicating that _____ means more, is needed more, is better.

V. *Matthew 4:1-4*

- A. Physical nourishment has its God-designed place, but it's not _____.
- B. We must recognize, be nourished by, and sustain ourselves with the _____ of God.

VI. *1 Corinthians 10:31*

- A. I am not my own. I was bought with a price. My body is to be used to _____ God.
- B. Cultivating an appetite for and satisfaction in God is what _____ is all about.